



MONTHLY HIGHLIGHTS

- ◆ Medical Camp @ his/ her Place, T.Nagar
- ◆ Step Programme
- ◆ Yoga Session @ SAP School
- ◆ Cloth Distribution @ IOG, Egmore
- ◆ Vaccine Distribution @ Rajiv Gandhi Government Hospital, Park Town, Chennai Central
- ◆ Cancer Awareness Programme @ Dr MGR Janaki Arts & Science Women's College
- ◆ Nutrition Project



MEDICAL CAMP

@ HIS/HER PLACE, T.NAGAR



The Rotary Club of Madras, in association with the Sundaram Medical Foundation, conducted a free medical camp on August 29, 2024, from 3:00 PM to 6:30 PM at His/Her Place, T. Nagar, Chennai.

During this camp, medical professionals provided counselling to patients and conducted health check-ups, ensuring that attendees received both medical treatment and necessary medications.

Health assessments included CBG, BP, and general screenings. A total of 127 beneficiaries access the medical service. Medications valued at Rs. 4,850 were distributed to those in need.

PP Rtn. Dr. Vijaya Bharathi Rangarajan, Rtn. Bharath Pujara, and Rtn. Balakrishna, who visited the camp.

Medical support was provided by the Sundaram Medical Foundation Dr. Rangarajan Memorial Hospital.



MORE THAN 10,000 PATIENTS BENEFITED - HEMODIALYSIS @ SAIDAPET GH

Dr. Vijaya Bharathi Rangarajan, Trustee and Director of SMF, sponsored dialysis machines at government hospitals, a project organized by Rotary Global Grant with the achievement of 10,000+ dialysis treatments with 14 dialysis machines since 2021. On August 18, 2024, an event was held to celebrate more than 10,000 patients who benefited from hemodialysis at Saidapet Government Hospital. And Honorable TN Minister of Health Thiru Ma Subramanian was the Chief Guest of the Event.



SOLIDARITY GATHERING

Sundaram Medical Foundation supported the Solidarity Gathering in the Light of the Recent Tragedy of the Kolkata Doctor which was organised by Lifeline Hospital at Rajarathinam Stadium. Dr Vijaya Bharathi Rangarajan, Trustee & Director, SMF, has also delivered her insights on the issue.



STEP PROGRAMME



A Support Therapy to Educate People (STEP) Program was arranged with the aim of addressing the subject "Breastfeeding Awareness Week - Closing the Gap: Breastfeeding Support for All" on 10th August, 2024, from 3.00 PM to 4.30 PM.

Dr. Swathi Padankatti, HOD Paediatrics & Neonatology, SMF, was the speaker of this awareness session.



Around 50 individuals participated in this program. In this session, the speaker addressed the importance of Breastfeeding and clarified the inquiries posed by the participants.

Finally, the participants expressed their satisfaction with the session by providing positive feedback.

YOGA SESSION

The Community Service Department of SMF organized yoga sessions for children at SAP School, with a focus on instructing younger individuals aged 10 to 16 years in the various aspects of yoga practices. A total of 68 children actively participated in these sessions. The sessions enhanced the overall well-being of the students but also provided them with improved mental clarity, thereby positively impacting their educational pursuits.



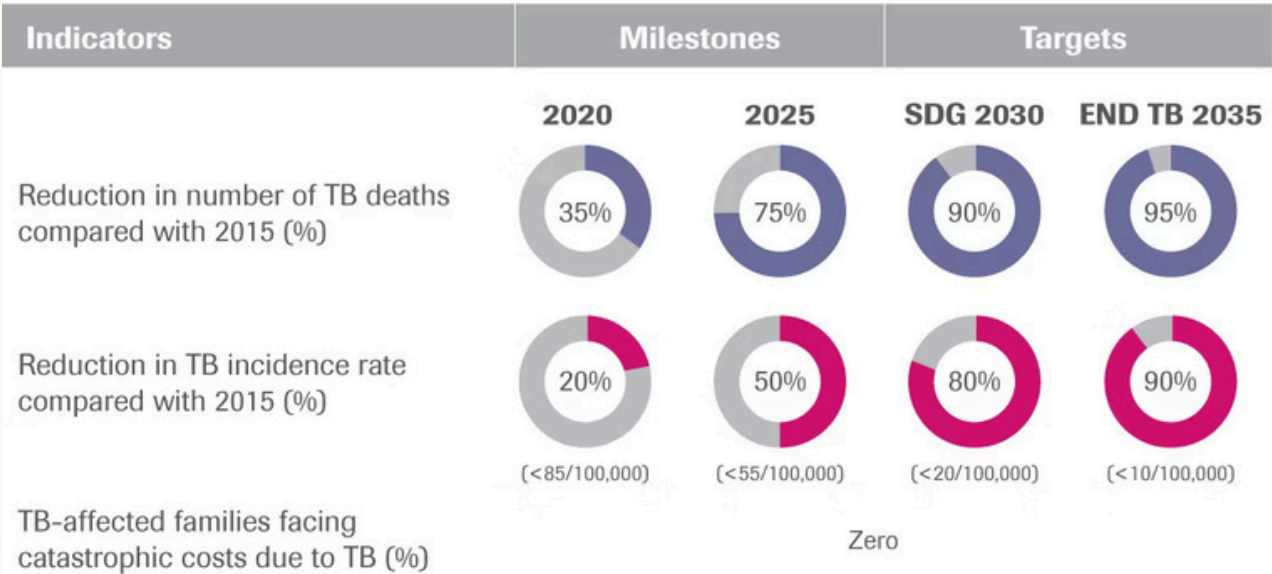
PLASTIC WASTE MANAGEMENT

The TNPCB has also been instructed to conduct awareness programs among students, including those attending professional colleges, about the harmful effects of plastic use on the environment and motivate them to avoid plastic, in coordination with the education department and the state legal services authority.

The Community Service Department has been working on the Plastic Zero Waste Management initiative for recycling plastic waste both on IP and OP buildings in association with the Bisleri CSR team. A total of **68 kg** of plastic waste was collected in the month of August 2024.



REACH FOUNDATION



For the month of August 2024,
22 people have utilized the Tuberculosis Intervention Services



CLOTH DISTRIBUTION @ IOG, HOSPITAL

CANSTOP, in association with the Rotary Club of Madras-Sembakkam Tailoring Unit, distributed Nighties & Inskirts (petticoats) along with fruits for the cancer-affected women's at IOG, Egmore, on August 7, 2024. **Totally 60 patient's were benefited.**

The gifts were shared with the patients by RCM President Rtn Chella Krishna, PP Rtn Jayashree, Rtn Sanjay, Rtn Dr Sangeetha, Rtn Dr Sharon KrishnaRau, Dr Vijaya Bharathi Rangarajan, founder of canstop and sembakkam tailoring unit team.



VACCINE DISTRIBUTION -BMT PATIENTS @ GH

CANSTOP, in association with the Rotary Club of Madras, distributed Influenza Vaccine for Bone Marrow Transplant Patients at Rajiv Gandhi Government General Hospital, Park Town, Chennai, on August 19, 2024.

A total of **50 vaccines worth Rs 60,000/-** were handed over to Dr Aruna from the government hospital by RCM President Rtn Chella Krishna, Rtn Dr Sangeetha, Rtn Bharat Pujara, and Dr Vijaya Bharathi Rangarajan, Founder of CANSTOP.



CANCER AWARENESS PROGRAMME

Rotary District 3234 organized a Cancer Screening and Awareness Program on Breast & Cervical Cancer at Dr. MGR Janaki College of Arts & Science for Women on August 17, 2024. Dr Vijaya Bharathi Rangarajan, Founder CANSTOP, was the Chief Guest of the Event and addressed the gathering regarding cancer awareness and CANSTOP projects.



NUTRITION PROJECT

CANSTOP visits the Institute of Obstetrics and Gynecology, the Government Hospital for Women (IOG), and the Institute of Child Health and Hospital (ICH) regularly to boost their nutrition and provide regular counseling for the patients.

Tender coconuts worth Rs.14350/- were distributed at IOG.

A Pediasure worth Rs. 4280 was distributed at ICH.



ART & PLAY THERAPY

Regular sessions of Art and Play therapy were conducted for pediatric cancer patients and their family members at the Institute of Child Health. These sessions encompassed the facilitation of diverse art and craft activities, as well as enjoyable games, with the aim of ensuring their active involvement and entertainment during their stay in the hematology ward.



CAN-NEST HOME

In the month of August 2024, a total of 250 families stayed at Can-Nest Home, where the children in the home were engaged through various activities and games with the help of volunteers and social workers.



HOPE CHEST

CANSTOP's Hopechest provides essential things for the cancer patients & their parents at IOG & ICH to lead their regular lives happily.

In the month of August 2024, a total of 6 families got help from the Hope Chest.



Join us and make your contributions to the cancer patients at Govt. Hospitals.

Sarees, Toys,
Bedsheets, Books,
Nighties, Pillows,
Petticoats, Tiffin Boxes,
Sandals, Kettles,
Slippers, Flasks,
Towels, Water bottles,
Toiletries, Kitchen utensils & appliances

Note: Make sure the items are in good condition

SPONSORSHIP DETAILS

CAN-STOP expresses its sincere gratitude to sponsors for their generous contributions towards the CANSTOP project, and the donation details are provided below:

Sponsorship details		
Sponsors	PROJECTS	AMOUNT
Mrs. Vijaya Mahendran	CANNEST	1,000
Dayachand Malhotra	CANNEST	20,000
Mrs. Indumathi Vasudevan	CANNEST	2,000
Total		Rs. 23,000

IN-KIND SPONSORS

In-Kind Sponsors			
S. No	Sponsors	Particulars	Worth in Rupees
1	Mr. T.K. Srinivasan	Vegetables	Rs. 4000
2	Chennai Food Bank	Rice Bag	Rs. 3500
3	Century Flour Mill	Soji & Wheat Flour	Rs. 4440
4	Mrs. Latha	Rice Bag	Rs. 3000
Total			Rs. 14,940

VOLUNTEER'S CONTRIBUTION

The CANSTOP team gratefully acknowledges each and every volunteer for their time and commitment to all of the events.

Volunteers- Mrs.Indhumathy, Mrs.Selvam & Mrs Vijaya Mahendran

HELPLINE SERVICES

Totally 66 calls were received in the CAN-STOP Help line number.
60 calls for STEP Program.
4 calls for Counseling
2 calls for Blood request at Government Hospital.



For your kind contribution:
CAN-STOP is eligible for
50%Tax Exemptions under
Section 80G of Income Tax
Act. Cheques can be drawn in
favour of CAN-STOP



For more information contact us
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044-26284256 / +91-9941007688

Connect with us through:
www.canstop.org

